



# Micklem Primary School

## School News

### Friday 19th January 2024

#### Reflection on our learning

Happy New Year! Well Christmas feels like a long time ago! We have made a fantastic start to the new term and there is a real spring in our step as we look to push on from our GOOD OFSTED report last term. It has been bitterly cold the last couple of weeks, but children have enjoyed being outside wrapped in coats, gloves, hats and scarves. Please continue to dress your child appropriately for the weather, as we will look to continue spending time outside in the coming weeks.

Learning has got off to a flying start and we have had a settled start in all classes. Year 4 and 5 have made great starts to their time with their new teachers, and are meeting the new expectations well.

As we move into Spring, we look forward to new opportunities and experiences for children and carers alike. We look forward to working with you in 2024 and can't wait to see where it takes us!

**Be Kind. Show Respect. Aim High.**

Mr. Swift

#### Magic Breakfast

We are delighted to announce that from Monday 22nd January, we will be able to offer Breakfast to every child in the school! We have teamed up with Magic Breakfast who will support us to deliver a bread based breakfast to every child as they come into school. Children will arrive at school at 8:45 (as normal) and will enter the school via the main entrance. They will walk through the hall and will be offered an item of breakfast food (this will vary, but will be toast, bagels, crumpets etc). The children will then take their 'Grab and Go' breakfast up to class and eat it while completing their morning task. Reception and Nursery will go to class as normal, and their breakfast will be delivered to them. This will be a new system, so there will be room for improvements as we get it started, but we expect this to support all children to have a fantastic start to the day. Breakfast Club will still run as normal from 8am.

#### Attendance 8th - 19th January 2024

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
100%	95%	91%	94.4%	93%	95.9%	92.6%	98.5%

**Class above our 95% target**

Congratulations to these children who have produced an excellent piece of learning over the last couple of weeks. It was brilliant in assembly to hear you telling me all about your learning and how hard you have been working. What a fantastic way to show how you are aiming high!

Learning of the Week 12th and 19th January						
R	1	2	3	4	5	6
Theo A Josh Finlay Abigail Eliza	Eileen Stefan Harry G Scarlett Arison (reader)	Poppi Lacey  Resandi Yunice	Rhiannon Haris  James Seb	Lexi Lewis  Antonia Riley	Isla Paige  Sofia Isabella	Leo George  Kuba Rafe

Well done to the following children for aiming high with their reading and achieving their reading awards.

Bronze	Silver	Gold
Codey,Charlie,Seb,Stefan,Andreja	Albert, Amelia, Daria,Sofia,Iosif,Penny,Tasmia, Rhiannon,	

### No Outsiders

In our No Outsiders assembly, we talked about Leila. Leila was proud of her hair and loved that her mummy gave it to her. She stood up for herself when someone was rude about her hair. We would all welcome Leila in our school and we felt her hair was beautiful. We were proud of her for knowing how brilliant she is!



### Staffing Update

We said goodbye to Miss Gilmartin from Year 4 this week. She has moved on to new things and we all wish her all of the best.

### OFSTED

We sent out our OFSTED report last week and are very proud to receive a 'GOOD' grading. The full report can be found on our school website on the OFSTED website at

<https://reports.ofsted.gov.uk/provider/21/117231> .

Thank you for all of your support over the years. We are looking forward to continuing our journey with you to make Micklem Primary School the best possible school for your children! If you have any questions or queries regarding the report, please pass these on to a member of SLT, who will be happy to answer them.

**What did your children find exciting in their recent learning?**

**Reception**

We have been looking at ice and how it changes from a liquid to a solid and back again.

'The ice will melt because we have it inside and inside is warm' - Abigail

'The ice will melt because I am holding it and my hand is hot' - Maisie

'The ice will melt quicker in the classroom because outside is cold' - Finlay

**Year 1**

'I have liked learning how we use the computers' - Scarlett

'I have enjoyed learning about the United Kingdom' - Earl

'When we went out for a winter walk in Science' - George

**Year 2**

I have enjoyed English this week and learning about Kevin the Koala - Jason

I enjoyed using cubes to help me find double and half of numbers - Lacey

I have enjoyed painting wraps in forest school- James

**Year 3**

I enjoyed first person writing as the Old Lady in Ice Palace. It was fun to write as someone else - Tamsyn

I was challenged by thinking up questions in RE. The story was confusing and I had lots of questions - Eliza

**Year 4**

'I've really enjoyed guided reading because it is interesting reading 'The Elevator.'  
Ava

'I have enjoyed reading Podkin One Ear and learning about The 12 Gifts in English.'  
Amelia

**Year 5**

'I have enjoyed drawing self portraits and learning about the artwork of Frida Kahlo' - Daria

'I have learnt how to estimate in maths to make sure my multiplication is correct' - Amani

'I have enjoyed reading Beowulf, I like the gory bits!' - Stanley

**Year 6**

'I've enjoyed learning about how Monet paints with dabs of paint'  
Faith

'In English I've enjoyed describing the Yellow Spotted Lizard from the book Holes.'  
Kuba

As we are streamlining our email correspondence, any information with regards to external agencies can be found on our website under **Parents-Letters-External Communication**

**Coming Soon!**  
**PTA Newsletter**

The PTA will be releasing a monthly newsletter to keep you up to date with upcoming events and future projects. We hope that the first edition will be available for you to read next Friday

Don't forget the Valentines Disco is taking place on Thursday 15th February, please book via Arbor

### Upcoming Dates

Date	Event
23/01	Year 3 Target Games Trip
24/01	Year 6 Health Questionnaire
W/C 05/02	Children's Mental Health Week
06/02	Safer Internet Day
13/02	Year 1 Sports Trip
14/02	Nursery Open Morning
15/02	Valentine's Disco
16/02	Non-Uniform - 'Where what you love' Day
16/02	Last Day of Half Term
W/C 19/02	Half Term Holiday
28/02	Parent's Evening
29/02	Parent's Evening
07/03	World Book Day
08/03	Mother's Day Gift Sale
W/C 11/03	Neuro-diversity Week
12/03	Nursery Open Morning
21/03	Bunny Bingo
28/03	Non-Uniform Day

# SEND and Family Support Information

## DSPL8 Parent/ Carer Newsletter and Dacorum SEND Courses, Support & Information for Families



The latest 'DSPL8 Parent/Carer Newsletters' & 'Dacorum Parent/ Carers courses and support: Spring 2024' are available to download from DSPL8's website via the following link: <https://dacorumdspl.org.uk/online-resources-for-parents-and-carers/>

Their most recent newsletter includes:

- \* SEND Surgery: 23.01.2024
- \* EBSA Coffee Morning: 30.01.2024
- \* Anxiety Unravelling Course by Bounce Forward: 28.02.2024-13.03.2024
- \* ADD-vance mini-consultations for parents/ carers of children with Autism or ADHD: 06.02.24, 29.02.24, 20.03.24
- \* Spring Term 2024 DSPL8 Parent/Carer Course Brochure

Online Workshops funded by HCC	Audience	Day	Date	Time	Location
Identifying ADHD and/or Autism	Parents/Carers	Mon	8.3.24	10:00 - 11:00	Online
Understanding ADHD	Parents/Carers	Wed	16.3.24	10:00 - 11:00	Online
Understanding Autism	Parents/Carers	Thu	11.3.24	10:00 - 11:30	Online
Understanding OCD	Parents/Carers	Mon	15.3.24	19:00 - 20:00	Online
Understanding Autism in Girls	Parents/Carers	Wed	17.3.24	10:00 - 11:00	Online
Understanding ADHD in Girls	Parents/Carers	Thu	18.3.24	20:00 - 11:00	Online
Support for Girls	Parents/Carers	Mon	22.3.24	19:00 - 20:00	Online
Understanding Challenging Behaviour	Parents/Carers	Wed	24.3.24	10:00 - 11:00	Online
Tips & Tools to Manage Anger	Parents/Carers	Thu	25.3.24	20:00 - 11:00	Online
Understanding Sensory Differences	Parents/Carers	Mon	29.3.24	19:00 - 20:00	Online
Tips & Tools to Manage Sensory Differences	Parents/Carers	Wed	31.3.24	10:00 - 11:00	Online
Supporting Sleep	Parents/Carers	Mon	5.2.24	19:00 - 20:00	Online
Tips & Tools to Support Learning (Executive Function)	Parents/Carers	Wed	7.2.24	20:00 - 11:00	Online
Tips & Tools to Build Self Esteem	Parents/Carers	Thu	8.2.24	10:00 - 11:00	Online
Tips & Tools to Support Social Skills	Parents/Carers	Mon	12.2.24	20:00 - 11:00	Online
Tips & Tools to Manage School Absence	Parents/Carers	Wed	14.2.24	10:00 - 11:00	Online
<b>Half Term</b>					
Tips & Tools to Support Emotional Development	Parents/Carers	Mon	16.2.24	19:00 - 20:00	Online
Tips & Tools to Support Communication	Parents/Carers	Wed	18.2.24	10:00 - 11:00	Online
Tips & Tools to Manage Eating Difficulties	Parents/Carers	Thu	29.2.24	10:00 - 11:00	Online
Tips & Tools to Encourage Positive Behaviour	Parents/Carers	Mon	4.3.24	20:00 - 11:00	Online
Understanding Medication Options	Parents/Carers	Wed	6.3.24	10:00 - 11:00	Online
Understanding Anxiety	Parents/Carers	Mon	13.3.24	19:00 - 20:00	Online
Tips & Tools to Manage Anxiety	Parents/Carers	Wed	15.3.24	20:00 - 11:00	Online
Tips & Tools to Manage Emotional Changes	Parents/Carers	Mon	18.3.24	19:00 - 20:00	Online
Understanding Neurodiverse Teens	Parents/Carers	Wed	20.3.24	20:00 - 11:00	Online
Preparing for Adulthood	Parents/Carers	Mon	25.3.24	19:00 - 20:00	Online
Tips & Tools to Support Safety	Parents/Carers	Wed	27.3.24	20:00 - 11:00	Online

Testimonials:

- "What a fantastic workshop - thank you so much! I've taken away a wealth of information"
- "That was so amazing I have done many training sessions about ASD through my work but that was the most honest & informative content I have ever had"
- "Absolutely incredible workshop, it has been extremely beneficial to my child"

Herfordshire County Council funded workshops - Recordings are sent to all registered participants to view for 7 days, even if you don't attend live.

Contact: 01277 833563 | herford@add-vance.org | http://www.add-vance.org/

Book your FREE ticket on <http://add-vance.eventbrite.com/> or visit our website

These workshops are funded by Herfordshire County Council's Targeted Parenting Fund and are open to residents of Herfordshire only

Follow DSPL8's social media pages for their most recent updates:

Facebook: [www.facebook.com/dspldacorum](http://www.facebook.com/dspldacorum)

Instagram: [www.instagram.com/dspldacorum](http://www.instagram.com/dspldacorum)

# SEND and Family Support Information

Parenting Support



## FAMILY TOOLKIT

Highfield Community Centre, Hemel Hempstead, HP2 5SB  
Thursday 7th - 28th March 2024, 09:30 - 11:30

### SESSION DETAILS

FREE 4 week course, do you have a child aged two to five years old? This is a great course to learn some new ideas about how to manage your child's behaviour and get the best out of family life.

Creche available



### HOW TO BOOK

Ring us on 0300 123 7572

### MORE INFORMATION

[hertsfamilycentres.org](http://hertsfamilycentres.org)  
Call us on 0300 123 7572



Parental Support



## FAMILIES FEELING SAFE

Gadebridge Community Centre, Hemel Hempstead, HP1 3LG  
Tuesday 23rd Jan - 19th March (not on 20th February)  
09:30 - 11:30 - FREE 8 week course  
Free creche available

### SESSION DETAILS

A free 8 week course to enable parents and carers to recognise and build on their own strengths in managing and understanding their children's behaviour. The course includes communicating with others, expressing feelings and making safe choices.

### HOW TO BOOK

CALL 0300 123 7572

### MORE INFORMATION

[hertsfamilycentres.org](http://hertsfamilycentres.org)



## Sleep Tight



## 3 week online course

Tuesdays 5th, 12th and 19th March, 10am-12pm

**Build a toolbox of strategies to help overcome sleep issues and help everyone in the family have improved sleep**

Explore common challenges with sleep - how SEND affects sleep and sleep affects SEND

Identifying and Managing Sleep Problems

Sleep hygiene, bedtime routines, positive bedtimes and sleep friendly bedrooms



[spaceherts.eventbrite.co.uk](http://spaceherts.eventbrite.co.uk)



Autism | ADHD  
Neurodiverse Conditions

CALL FREE ON 0800 328 0006

### Struggling with debt?

FREE debt counselling & expert guidance from an award-winning charity

[www.capuk.org](http://www.capuk.org)

0800 328 0006

0800 328 0006

Every 20 minutes a property is repossessed. Debt devastates lives; it means parents struggle to feed their children, people feel suicidal, depressed and alone. CAP'S debt help service is one of the most in depth and holistic **FREE** services in the UK. We are uniquely placed to help vulnerable people, in particular low income, financially and socially disadvantaged people out of debt.

If you need help please ring our enquiries line on **0800 328 0006** to make an appointment.

Or contact CAP Centre Manager in Hemel Hempstead, Christina Bird on **07395 071418** or email [christinabird@capuk.org](mailto:christinabird@capuk.org)

To find out more information about Christians Against Poverty visit our website [www.capuk.org](http://www.capuk.org)

# SEND and Family Support Information

SPACE HERTFORDSHIRE

## SPRING TERM 2024 **FREE ONLINE WORKSHOPS**

Monday 8th January	10:00-12:00	EHCP New Applications
Tuesday 9th January	18.30-20.00	Autistic Girls
Wednesday 10th January	10:00-11:30	Anger and Conflict
Thursday 11th January	18:30-20:30	Navigating the SEND World
Friday 12th January	10:00-11:00	Understanding Autism
Monday 15th January	18:30-20:00	Understanding Specific Literacy Difficulties Including Dyslexia
Wednesday 17th January	10:00-12:00	Anxiety and SEND
Thursday 18th January	19:00-20:00	Understanding ADHD
Friday 19th January	10:00-12:00	Navigating the SEND World Post 16
Monday 22nd January	19:00-21:00	Sensory Signs, Signals and Solutions
Thursday 25th January	18:30-20:30	ADHD in Girls and Women
Friday 26th January	10:00-12:00	Understanding Dual Diagnosis: Autism and ADHD
Monday 29th January	10:00-12:00	Autism Plus: Co-occurring Conditions and Cognitive Theories
Monday 29th January	18:30-20:00	Access Arrangements
Wednesday 31st January	10:00-12:00	Understanding Behaviour as Communication
Friday 2nd February	10:00-12:00	PDA, ODD and ADHD: Understanding the Differences
Monday 5th February	19:00-21:00	Sleep Workshop
Tuesday 6th February	10:00-11:30	Understanding and Supporting Executive Functioning Difficulties
Friday 9th February	10:00-12:00	No Two Brains Are The Same: What is Neurodiversity
Monday 12th February	18:30-20:00	Understanding and Supporting Emotional Regulation
Wednesday 14th February	10:00-12:00	Navigating the SEND World Post 16
Thursday 15th February	10:00-11:30	Tourettes
Friday 16th February	10:00-12:00	Anxiety and SEND
<b>HALF TERM</b>		
Monday 26th February	19:00-20:30	EHCP: Annual Reviews
Tuesday 27th February	10:00-12:00	Understanding Dual Diagnosis: Autism and ADHD
Wednesday 28th February	10:00-12:00	Navigating the SEND World
Thursday 29th February	19:00-20:00	Understanding Autism
Friday 1st March	10:00-12:00	PDA, ODD and ADHD: Understanding the Differences
Wednesday 6th March	10:00-12:00	Anxiety and SEND
Thursday 7th March	10:00-11:30	Understanding Specific Literacy Difficulties Including Dyslexia
Thursday 7th March	18:30-20:00	Tourettes
Friday 8th March	10:00-11:30	Autistic Girls
Monday 11th March	18:30-20:00	Understanding and Supporting Executive Functioning Difficulties
Thursday 14th March	10:00-12:00	Navigating the SEND World Post 16
Friday 15th March	10:00-12:00	Sleep Workshop
Monday 18th March	10:00-12:00	ADHD in Girls and Women
Wednesday 20th March	10:00-12:00	Sensory Signs, Signals and Solutions
Thursday 21st March	18:30-20:00	Anger and Conflict
Friday 22nd March	10:00-12:00	Anxiety and SEND
Monday 25th March	10:00-12:00	Navigating the SEND World
Tuesday 26th March	10:00-11:00	Understanding ADHD
Tuesday 26th March	19:00-21:00	EHCP Process from Submission to Finalisation
Thursday 28th March	10:00-11:30	Understanding and Supporting Emotional Regulation



[spaceherts.eventbrite.co.uk](https://spaceherts.eventbrite.co.uk)



The majority of these workshops are funded by  
The Targeted Parenting Fund



Autism | ADHD  
Neurodiverse Conditions

# READING MATTERS!

HERE'S THE IMPACT OF READING 20 MINUTES PER DAY!

## A STUDENT WHO READS



## WILL BE EXPOSED TO



## AND IS MORE LIKELY TO SCORE IN THE



## ON STANDARDIZED TESTS!

Source: Tracy, Kitzhaber, and Hartman, 1987

## 9 Ways Reading Benefits Children

1. Reading increases creativity and imagination.
2. Reading together builds strong family bonds.
3. Reading expands a child's vocabulary.
4. Reading opens minds to new and diverse people, places, and situations.
5. Reading is fun and helps children relax after a stressful day.
6. Reading promotes and enhances critical thinking skills
7. Reading teaches children about the complex world we live in.
8. Reading promotes positive communication in families.
9. Reading helps build character.



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to visit our website.

