



## UNDERSTANDING ADHD & AUTISM IN THE EARLY YEARS

FREE INTRODUCTORY 6-WEEK COURSES  
FOR PARENTS/CARERS

### ABOUT THE COURSE

This interactive course is designed for parents & carers of children aged 2 to 5 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism

**ALL SESSIONS MUST BE ATTENDED**

### TIME AND PLACE

**Dates:** Mondays, 14/9 to 19/10  
**Time:** 9.30 to 11.30 am  
**ONLINE VIA ZOOM**

01727 833963

herts@add-vance.org

http://www.add-vance.org/

Book your **FREE** ticket on <http://add-vance.eventbrite.com/> or visit our website <http://www.add-vance.org/>

These courses are funded by Hertfordshire County Council's Targeted Parenting Fund and are open to residents of Hertfordshire only



## UNDERSTANDING ADHD & AUTISM IN THE PRIMARY YEARS

FREE INTRODUCTORY 6-WEEK COURSES  
FOR PARENTS/CARERS

### ABOUT THE COURSE

This interactive course is designed for parents & carers of children aged 5 to 11 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism (or 4 & already in reception).

**ALL SESSIONS MUST BE ATTENDED**

### TIME AND PLACE

**Dates:** Thursdays, 10/9 to 15/10  
**Time:** 10 am -12 pm  
**ONLINE VIA ZOOM**

**Dates:** Wednesdays, 4/11 to 9/12  
**Time:** 10 am -12 pm  
**ONLINE VIA ZOOM**

**Dates:** Wednesdays, 4/11 to 9/12  
**Time:** 7 to 9 pm  
**ONLINE VIA ZOOM**

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## UNDERSTANDING ADHD & AUTISM FOR PARENTS/CARERS OF GIRLS

FREE INTRODUCTORY 6-WEEK COURSES  
FOR PARENTS/CARERS

### ABOUT THE COURSE

This interactive course is designed for parents/carers of girls aged 5 to 14 yrs (or 4 and already in reception) with a diagnosis or suspected diagnosis of ADHD and/or Autism.

**ALL SESSIONS MUST BE ATTENDED**

### TIME AND PLACE

**Dates:** Tuesdays, 8/9 to 13/10  
**Time:** 10 am to 12 pm  
**ONLINE VIA ZOOM**

**Dates:** Thursdays, 5/11 - 10/12  
**Time:** 10 am to 12 pm  
**ONLINE VIA ZOOM**

01727 833963

herts@add-vance.org

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## UNDERSTANDING ADHD & AUTISM FOR DADS

FREE INTRODUCTORY 6-WEEK COURSES  
FOR PARENTS/CARERS

### ABOUT THE COURSE

These interactive courses are designed for dads /male carers of children aged 5 to 14 with a diagnosis or suspected diagnosis of ADHD and/or Autism.

**ALL SESSIONS MUST BE ATTENDED**

### TIME AND PLACE

**Dates:** Wednesdays, 9/9 - 14/10  
**Time:** 7 - 9 pm  
**ONLINE VIA ZOOM**

**Dates:** Tuesdays, 3/11 - 8/12  
**Time:** 7 - 9 pm  
**Sopwell Family Centre,  
Mandeville Dr, St Albans, AL1 2LE**

01727 833963

herts@add-vance.org

http://www.add-vance.org/

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