Beezee FAMILIES



We're here to help your family make healthy habits fun

Join our FREE, 12-week healthy lifestyle programme to help your family build habits around food and physical activity. Our in-person group sessions start on:

Date: Tuesday 19th January '27 **Time:** 5pm - 7pm

Venue: Hobletts Manor Junior School, Hemel Hempstead, HP2 5JT

Or you can join us online!

Sign up for your FREE PLACE today

hrt.maximusuk.co.uk

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Hertfordshire

Our programmes are for children above their ideal weight, see our website for more information. 24-0814