Head Teacher: Mr J Swift

Micklem Primary School

learning, achieving, working together

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Monday 16th November

Dear Parents and Carers,

I am writing to inform you about Anti-Bullying Week 2026, which due to other events taking -place in school this week, we are marking from Monday 23rd November to Friday 27th November 2026. This year's theme is "**Break the Silence**", organised by the Anti-Bullying Alliance (ABA). If you would like to find out more about this, you can do so here: Parent and carer pack

Break the Silence encourages children, young people and adults across the UK to start conversations about bullying, speak up, listen and take action together. To launch the week, we invite children (and staff) to wear odd socks on **Monday 23rd November**. Over the course of the week we will be running a number of activities, assemblies and classroom discussions focused on recognising bullying in all its forms, and promoting kindness, respect and inclusion.



What this means for your child and you as a parent/carer:

Please encourage your child to wear odd socks on **Monday 23rd November**. The rest of their uniform remains unchanged, but the odd socks are a fun and positive statement.

Throughout the week we will be running class activities and assemblies on identifying bullying behaviour (including online), how to be an active bystander (someone who supports someone being bullied), how to report concerns, and how we can all promote respectful relationships and kindness. From home, you can support the week by talking to your child about what bullying is, how they should feel safe to speak up if they see it, and how we must treat each other with dignity and care.

Should your child ever raise concerns about bullying, or if you have any worries, please do contact us so we can work together to address them. The Anti-Bullying Alliance website also has useful advice and resources regarding this: Advice for parents and carers

We look forward to a productive and uplifting week. Thank you for your support in helping us create a safe, respectful and caring environment for all our pupils. If you have any questions about the week's programme, or wish to discuss any matter relating to bullying, please do not hesitate to contact us.

Yours sincerely,

Miss Palmer
Inclusion Lead